

Altra 52km

PlaceName	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	HERVE MALLET	M: 1	RUNNER	31	04:50:41.31	05:35	10.7kph	Overall Male Runner: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:09:29.90	05:20	11.2kph	01:09:29.90
		Split 2			01:12:25.51	05:34	10.8kph	02:21:55.40
		Split 3			01:15:40.50	05:49	10.3kph	03:37:35.90
		Finish			01:13:05.41	01:24	42.7kph	04:50:41.31
2	DANIEL GREENWAY	M: 2	RUNNER	18	05:09:59.76	05:57	10.1kph	Overall Male Runner: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:15:55.86	05:50	10.3kph	01:15:55.86
		Split 2			01:13:53.08	05:41	10.6kph	02:29:48.94
		Split 3			01:14:30.88	05:43	10.5kph	03:44:19.81
		Finish			01:25:39.95	01:38	36.4kph	05:09:59.76
3	LUKE GILCHRIST	M: 3	RUNNER	34	05:13:00.22	06:01	10.0kph	Overall Male Runner: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:10:52.53	05:27	11.0kph	01:10:52.53
		Split 2			01:16:13.39	05:51	10.2kph	02:27:05.92
		Split 3			01:21:21.83	06:15	9.6kph	03:48:27.74
		Finish			01:24:32.48	01:37	36.9kph	05:13:00.22
4	SEAN ROPER	M: 4	RUNNER	16	05:17:30.47	06:06	9.8kph	Male 40 - 49: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:09:51.83	05:22	11.2kph	01:09:51.83
		Split 2			01:12:25.50	05:34	10.8kph	02:22:17.32
		Split 3			01:21:01.15	06:13	9.6kph	03:43:18.47
		Finish			01:34:12.00	01:48	33.1kph	05:17:30.47
5	REBECCA BALDWIN	F: 1	RUNNER	22	05:19:27.60	06:08	9.8kph	Overall Female Runner: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:09:18.27	05:19	11.3kph	01:09:18.27
		Split 2			01:16:06.71	05:51	10.2kph	02:25:24.98
		Split 3			01:28:18.54	06:47	8.8kph	03:53:43.51
		Finish			01:25:44.09	01:38	36.4kph	05:19:27.60
6	STEVE HOWARD	M: 5	RUNNER	28	05:31:49.47	06:22	9.4kph	Male 50 - 59: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:14:03.88	05:41	10.5kph	01:14:03.88
		Split 2			01:16:55.34	05:55	10.1kph	02:30:59.21
		Split 3			01:25:56.49	06:36	9.1kph	03:56:55.69
		Finish			01:34:53.78	01:49	32.9kph	05:31:49.47
7	COLIN MCLELLAN	M: 6	RUNNER	2	05:44:48.31	06:37	9.0kph	Male 30 - 39: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:23:07.50	06:23	9.4kph	01:23:07.50
		Split 2			01:25:08.06	06:32	9.2kph	02:48:15.55
		Split 3			01:26:44.91	06:40	9.0kph	04:15:00.45
		Finish			01:29:47.86	01:43	34.7kph	05:44:48.31
8	ISSAC GRIFFIN	M: 7	RUNNER	24	05:58:08.32	06:53	8.7kph	Male 20 - 29: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:13:57.40	05:41	10.5kph	01:13:57.40
		Split 2			00:00:50.99	00:03	917.8kph	01:14:48.39
		Split 3			00:00:35.09	00:02	1333.9kph	01:15:23.48
		Finish			04:42:44.85	05:26	11.0kph	05:58:08.32
9	CHRISTIE WALKER	F: 2	RUNNER	5	06:03:37.32	06:59	8.6kph	Overall Female Runner: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:28:17.49	06:47	8.8kph	01:28:17.49
		Split 2			01:26:19.16	06:38	9.0kph	02:54:36.65
		Split 3			01:36:06.88	07:23	8.1kph	04:30:43.52
		Finish			01:32:53.81	01:47	33.6kph	06:03:37.32
10	JEFFERY LI	M: 8	RUNNER	19	06:03:47.59	06:59	8.6kph	Male 20 - 29: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:28:06.76	06:46	8.9kph	01:28:06.76
		Split 2			01:32:05.40	07:05	8.5kph	03:00:12.16
		Split 3			01:35:11.52	07:19	8.2kph	04:35:23.68
		Finish			01:28:23.91	01:41	35.3kph	06:03:47.59
11	ANDREW WHITE	M: 9	RUNNER	7	06:04:36.44	07:00	8.6kph	Male 30 - 39: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:25:36.09	06:35	9.1kph	01:25:36.09
		Split 2			01:28:13.11	06:47	8.8kph	02:53:49.20
		Split 3			01:36:31.50	07:25	8.1kph	04:30:20.70
		Finish			01:34:15.74	01:48	33.1kph	06:04:36.44

Altra 52km

PlaceName	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
12	ROBERT NICHOLSON	M: 10	RUNNER	36	06:04:45.83	07:00	8.6kph	Male 40 - 49: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:30:19.24	06:56	8.6kph	01:30:19.24
		Split 2			01:26:48.20	06:40	9.0kph	02:57:07.43
		Split 3			01:32:19.13	07:06	8.4kph	04:29:26.56
		Finish			01:35:19.27	01:49	32.7kph	06:04:45.83
13	JOJO ARIWI	M: 11	RUNNER	26	06:06:12.53	07:02	8.5kph	Male 30 - 39: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:26:58.32	06:41	9.0kph	01:26:58.32
		Split 2			01:39:12.97	07:37	7.9kph	03:06:11.28
		Split 3			01:31:24.13	07:01	8.5kph	04:37:35.41
		Finish			01:28:37.12	01:42	35.2kph	06:06:12.53
14	JASON RAYCRAFT	M: 12	RUNNER	20	06:15:16.81	07:13	8.3kph	Male 40 - 49: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:22:23.24	06:20	9.5kph	01:22:23.24
		Split 2			00:32:08.35	02:28	24.3kph	01:54:31.59
		Split 3			01:43:01.69	07:55	7.6kph	03:37:33.27
		Finish			02:37:43.55	03:01	19.8kph	06:15:16.81
15	NCHOLAS KAYE	M: 13	RUNNER	35	06:22:20.89	07:21	8.2kph	Male 40 - 49: 4
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:10:32.75	05:25	11.1kph	01:10:32.75
		Split 2			00:01:03.41	00:04	738.1kph	01:11:36.15
		Split 3			05:10:23.70	23:52	2.5kph	06:21:59.85
		Finish			00:00:21.04	00:00	8897.8kph	06:22:20.89
16	SAVVAS FARASSOGLOU	M: 14	RUNNER	10	06:37:05.20	07:38	7.9kph	Male 40 - 49: 5
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:22:43.89	06:21	9.4kph	01:22:43.89
		Split 2			01:31:25.67	07:01	8.5kph	02:54:09.55
		Split 3			03:42:31.91	17:07	3.5kph	06:36:41.46
		Finish			00:00:23.74	00:00	7886.1kph	06:37:05.20
17	MOHAMMED SHAMOUT	M: 15	RUNNER	33	06:39:55.61	07:41	7.8kph	Male 30 - 39: 4
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:24:58.93	06:32	9.2kph	01:24:58.93
		Split 2			01:28:59.88	06:50	8.8kph	02:53:58.81
		Split 3			01:44:41.58	08:03	7.5kph	04:38:40.38
		Finish			02:01:15.24	02:19	25.7kph	06:39:55.61
18	TROY MCKENZIE	M: 16	RUNNER	30	06:48:42.09	07:51	7.6kph	Male 20 - 29: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:26:32.66	06:39	9.0kph	01:26:32.66
		Split 2			01:30:01.43	06:55	8.7kph	02:56:34.08
		Split 3			01:50:12.82	08:28	7.1kph	04:46:46.90
		Finish			02:01:55.20	02:20	25.6kph	06:48:42.09
19	JOHN ARIWI	M: 17	RUNNER	27	06:54:07.03	07:57	7.5kph	Male 60 - 69: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:26:57.27	06:41	9.0kph	01:26:57.27
		Split 2			01:39:19.10	07:38	7.9kph	03:06:16.36
		Split 3			01:50:33.39	08:30	7.1kph	04:56:49.74
		Finish			01:57:17.30	02:15	26.6kph	06:54:07.03
20	NEIL IBEY	M: 18	RUNNER	29	06:58:01.72	08:02	7.5kph	Male 50 - 59: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:32:06.36	07:05	8.5kph	01:32:06.36
		Split 2			01:40:11.02	07:42	7.8kph	03:12:17.37
		Split 3			01:51:02.33	08:32	7.0kph	05:03:19.70
		Finish			01:54:42.03	02:12	27.2kph	06:58:01.72
21	JANICE POTTS	F: 3	RUNNER	32	07:09:29.51	08:15	7.3kph	Overall Female Runner: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:40:42.75	07:44	7.7kph	01:40:42.75
		Split 2			01:44:55.35	08:04	7.4kph	03:25:38.10
		Split 3			01:50:22.08	08:29	7.1kph	05:16:00.17
		Finish			01:53:29.35	02:10	27.5kph	07:09:29.51
22	GREG DUNN	M: 19	RUNNER	23	07:51:51.31	09:04	6.6kph	Male 50 - 59: 3
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:40:36.33	07:44	7.8kph	01:40:36.33
		Split 2			01:57:08.21	09:00	6.7kph	03:37:44.54
		Split 3			02:05:18.44	09:38	6.2kph	05:43:02.98
		Finish			02:08:48.34	02:28	24.2kph	07:51:51.31

Altra 52km

PlaceName	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
23 PHILIPPE TROTTIER		M: 20	RUNNER	21	08:23:03.73	09:40	6.2kph	Male 40 - 49: 6
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:28:52.41	06:50	8.8kph	01:28:52.41
		Split 2			01:52:00.18	08:36	7.0kph	03:20:52.59
		Split 3			02:26:35.06	11:16	5.3kph	05:47:27.64
		Finish			02:35:36.10	02:59	20.1kph	08:23:03.73
24 JIM NEWIN		M: 21	RUNNER	6	08:31:39.24	09:50	6.1kph	Male 60 - 69: 2
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			02:04:30.13	09:34	6.3kph	02:04:30.13
		Split 2			01:03:34.44	04:53	12.3kph	03:08:04.57
		Split 3			02:11:27.70	10:06	5.9kph	05:19:32.27
		Finish			03:12:06.98	03:41	16.2kph	08:31:39.24
25 LAURIE MCGRATH		F: 4	RUNNER	13	10:40:02.00	12:18	4.9kph	Female 50 - 59: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:22:45.00	06:21	9.4kph	01:22:45.00
		Split 2			02:31:33.33	11:39	5.1kph	03:54:18.32
		Split 3			00:02:52.34	00:13	271.6kph	03:57:10.66
		Finish			06:42:51.35	07:44	7.7kph	10:40:02.00
26 RONALD GEHL		M: 22	RUNNER	3	10:40:38.05	12:19	4.9kph	Male 70 - 79: 1
		<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1			01:22:44.11	06:21	9.4kph	01:22:44.11
		Split 2			02:32:48.39	11:45	5.1kph	03:55:32.50
		Split 3			00:01:39.35	00:07	471.1kph	03:57:11.84
		Finish			06:43:26.22	07:45	7.7kph	10:40:38.05

Wild Rock 26km

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	EVAN JONES		M: 1	RUNNER	27	01:48:57.06	04:11	14.3kph	Overall Male Runner: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:48:19.86	08:19	7.2kph	01:48:19.86
						00:00:37.20	00:01	2516.2kph	01:48:57.06
2	ERIK GRIMBA		M: 2	RUNNER	21	01:53:09.79	04:21	13.8kph	Overall Male Runner: 2
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						00:56:45.31	04:21	13.7kph	00:56:45.31
						00:56:24.49	02:10	27.7kph	01:53:09.79
3	EMILY FARQUHARSON		F: 1	RUNNER	40	02:09:58.04	04:59	12.0kph	Overall Female Runner: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:02:33.03	04:48	12.5kph	01:02:33.03
						01:07:25.01	02:35	23.1kph	02:09:58.04
4	JOHN MCALISTER		M: 3	RUNNER	44	02:11:36.63	05:03	11.9kph	Overall Male Runner: 3
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:03:56.80	04:55	12.2kph	01:03:56.80
						01:07:39.84	02:36	23.1kph	02:11:36.63
5	ELISA HUET		F: 2	RUNNER	26	02:13:54.34	05:09	11.6kph	Overall Female Runner: 2
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:06:04.74	05:04	11.8kph	01:06:04.74
						01:07:49.61	02:36	23.0kph	02:13:54.34
6	BRENT MILLER		M: 4	RUNNER	28	02:19:05.65	05:20	11.2kph	Male 30 - 39: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:09:36.85	05:21	11.2kph	01:09:36.85
						01:09:28.81	02:40	22.5kph	02:19:05.65
7	JON MCISAAC		M: 5	RUNNER	43	02:26:36.25	05:38	10.6kph	Male 30 - 39: 2
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:14:29.75	05:43	10.5kph	01:14:29.75
						01:12:06.50	02:46	21.6kph	02:26:36.25
8	VALERIE GRIMBA		F: 3	RUNNER	41	02:26:49.84	05:38	10.6kph	Overall Female Runner: 3
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:09:04.10	05:18	11.3kph	01:09:04.10
						01:17:45.74	02:59	20.1kph	02:26:49.84
9	KRYSTAL LEBRETON		F: 4	RUNNER	39	02:29:21.67	05:44	10.4kph	Female 40 - 49: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:17:13.47	05:56	10.1kph	01:17:13.47
						01:12:08.20	02:46	21.6kph	02:29:21.67
10	ADELINE MCCULLY		F: 5	RUNNER	6	02:29:39.90	05:45	10.4kph	Female 0 - 19: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:14:17.16	05:42	10.5kph	01:14:17.16
						01:15:22.75	02:53	20.7kph	02:29:39.90
11	TIMOTHY HAINES		M: 6	RUNNER	38	02:30:29.67	05:47	10.4kph	Male 50 - 59: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:14:57.57	05:45	10.4kph	01:14:57.57
						01:15:32.10	02:54	20.7kph	02:30:29.67
12	JESSAMYN FLYNN		F: 6	RUNNER	29	02:38:08.77	06:04	9.9kph	Female 40 - 49: 2
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:18:31.53	06:02	9.9kph	01:18:31.53
						01:19:37.25	03:03	19.6kph	02:38:08.77
13	GLEN GRAY		M: 7	RUNNER	42	02:43:31.85	06:17	9.5kph	Male 50 - 59: 2
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:23:11.31	06:23	9.4kph	01:23:11.31
						01:20:20.55	03:05	19.4kph	02:43:31.85
14	CARLOTTA JAMES		F: 7	RUNNER	37	02:44:20.52	06:19	9.5kph	Female 40 - 49: 3
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:20:01.74	06:09	9.7kph	01:20:01.74
						01:24:18.79	03:14	18.5kph	02:44:20.52
15	JUSTIN ROSS		M: 8	RUNNER	17	02:46:29.49	06:24	9.4kph	Male 20 - 29: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:19:56.46	06:08	9.8kph	01:19:56.46
						01:26:33.04	03:19	18.0kph	02:46:29.49
16	EVELINA LUCZKO		F: 8	RUNNER	20	02:50:16.04	06:32	9.2kph	Female 30 - 39: 1
			<u>Split Description</u>			<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						01:23:33.60	06:25	9.3kph	01:23:33.60
						01:26:42.45	03:20	18.0kph	02:50:16.04

Wild Rock 26km

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
17	BRITTANY WAGNER		F: 9	RUNNER	4	02:52:05.45	06:37	9.1kph	Female 20 - 29:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:21:20.59	06:15	9.6kph	01:21:20.59
						Finish	01:30:44.87	03:29	17.2kph	02:52:05.45
18	MADISON SLOAN		F: 10	RUNNER	16	02:53:10.11	06:39	9.0kph	Female 20 - 29:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:21:18.97	06:15	9.6kph	01:21:18.97
						Finish	01:31:51.14	03:31	17.0kph	02:53:10.11
19	JOHN ECHANO		M: 9	RUNNER	35	02:54:29.57	06:42	8.9kph	Male 30 - 39:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:26:40.00	06:40	9.0kph	01:26:40.00
						Finish	01:27:49.58	03:22	17.8kph	02:54:29.57
20	BRIAN HOPE		M: 10	RUNNER	45	02:59:11.52	06:53	8.7kph	Male 40 - 49:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:21:35.12	06:16	9.6kph	01:21:35.12
						Finish	01:37:36.40	03:45	16.0kph	02:59:11.52
21	SHANNON SAYLOR		F: 11	RUNNER	15	03:05:29.97	07:08	8.4kph	Female 50 - 59:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:29:14.99	06:51	8.7kph	01:29:14.99
						Finish	01:36:14.98	03:42	16.2kph	03:05:29.97
22	JULIA HOLMQUIST		F: 12	RUNNER	9	03:13:04.77	07:25	8.1kph	Female 20 - 29:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:42:11.01	07:51	7.6kph	01:42:11.01
						Finish	01:30:53.77	03:29	17.2kph	03:13:04.77
23	COSTAS FARASSOGLOU		M: 11	RUNNER	46	03:14:35.36	07:29	8.0kph	Male 40 - 49:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:29:43.22	06:54	8.7kph	01:29:43.22
						Finish	01:44:52.14	04:02	14.9kph	03:14:35.36
24	NICOLE ARMSTRONG		F: 13	RUNNER	25	03:19:50.39	07:41	7.8kph	Female 40 - 49:	4
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:35:25.43	07:20	8.2kph	01:35:25.43
						Finish	01:44:24.96	04:00	14.9kph	03:19:50.39
25	KEITH RADER		M: 12	RUNNER	31	03:21:05.22	07:44	7.8kph	Male 40 - 49:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:41:41.97	07:49	7.7kph	01:41:41.97
						Finish	01:39:23.25	03:49	15.7kph	03:21:05.22
26	TAN XERXIS		M: 13	RUNNER	36	03:21:13.79	07:44	7.8kph	Male 40 - 49:	4
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:40:01.74	07:41	7.8kph	01:40:01.74
						Finish	01:41:12.05	03:53	15.4kph	03:21:13.79
27	CHRISTINE HOLMQUIST		F: 14	RUNNER	7	03:38:20.29	08:23	7.1kph	Female 20 - 29:	4
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:46:09.78	08:09	7.3kph	01:46:09.78
						Finish	01:52:10.51	04:18	13.9kph	03:38:20.29
28	GRACE HOLMQUIST		F: 15	RUNNER	8	03:38:20.37	08:23	7.1kph	Female 0 - 19:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:46:07.02	08:09	7.4kph	01:46:07.02
						Finish	01:52:13.36	04:18	13.9kph	03:38:20.37
29	SHAYLA MCISAAC		F: 16	RUNNER	3	03:39:06.16	08:25	7.1kph	Female 30 - 39:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:46:29.42	08:11	7.3kph	01:46:29.42
						Finish	01:52:36.75	04:19	13.9kph	03:39:06.16
30	JENNIFER SCUDDS-CARLETON		F: 17	RUNNER	13	03:39:58.60	08:27	7.1kph	Female 50 - 59:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:43:08.33	07:56	7.6kph	01:43:08.33
						Finish	01:56:50.27	04:29	13.4kph	03:39:58.60
31	SEBASTIEN TINOR-ROY		M: 14	RUNNER	1	03:48:04.40	08:46	6.8kph	Male 30 - 39:	4
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:38:25.23	07:34	7.9kph	01:38:25.23
						Finish	02:09:39.17	04:59	12.0kph	03:48:04.40
32	DANIEL FRANCISCO		M: 15	RUNNER	30	04:00:05.56	09:14	6.5kph	Male 20 - 29:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	01:43:27.83	07:57	7.5kph	01:43:27.83
						Finish	02:16:37.73	05:15	11.4kph	04:00:05.56

Wild Rock 26km

PlaceName	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
33	HEATHER KERRIGAN	F: 18	RUNNER	32	04:06:31.80	09:28	6.3kph	Female 60 - 69: 1
		<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
		Split 1	02:00:06.67		09:14		6.5kph	02:00:06.67
		Finish	02:06:25.14		04:51		12.3kph	04:06:31.80
34	DANI SHAW	F: 19	RUNNER	2	04:30:11.28	10:23	5.8kph	Female 30 - 39: 3
		<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
		Split 1	02:17:53.18		10:36		5.7kph	02:17:53.18
		Finish	02:12:18.10		05:05		11.8kph	04:30:11.28
35	RAYMOND LOBO	M: 16	RUNNER	19	04:35:44.93	10:36	5.7kph	Male 70 - 79: 1
		<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
		Split 1	01:58:38.63		09:07		6.6kph	01:58:38.63
		Finish	02:37:06.31		06:02		9.9kph	04:35:44.93
36	ELIZABETH WESTIN	F: 20	RUNNER	12	05:09:20.35	11:53	5.0kph	Female 20 - 29: 5
		<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
		Split 1	02:23:45.70		11:03		5.4kph	02:23:45.70
		Finish	02:45:34.66		06:22		9.4kph	05:09:20.35
37	MONIQUE IBEY	F: 21	RUNNER	23	05:47:30.54	13:21	4.5kph	Female 60 - 69: 2
		<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
		Split 1	02:56:33.34		13:34		4.4kph	02:56:33.34
		Finish	02:50:57.21		06:34		9.1kph	05:47:30.54
DNF	DEBBIE PALMER	F: 22	RUNNER	33	03:14:16.16	07:28	8.0kph	:
		<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
		Split 1	02:01:15.53		09:19		6.4kph	02:01:15.53
		Finish	01:13:00.63		02:48		21.4kph	03:14:16.16
DNF	COLLEEN INGRAM	F: 23	RUNNER	34	03:29:45.97	08:04	7.4kph	:
		<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
		Split 1	02:01:15.43		09:19		6.4kph	02:01:15.43
		Finish	01:28:30.54		03:24		17.6kph	03:29:45.97