



Niagara Ultra
Niagara on the Lake Ontario
Saturday June 19, 2010
50 Km

	Entrants	Finishers
Total	183	162
Male	131	118
Female	52	44
Unknown	0	0

O'all	Gun	Class	Gender	Pace	Chip	
Place	Time	Placing	Place	/Km	Time	City
1	98	Tim Johnson	3:56:00	LM40-49	1/49	1 4:44 3:55:57 Picton ON
2	167	Ed Housel	3:57:14	LM50+	1/41	2 4:45 3:57:16 Rochester NY
3	41	Patrick Kelly	4:02:53	LM40-49	2/49	3 4:52 4:02:52 Ottawa ON
4	179	Jason Smith	4:07:48	LM-39	1/28	4 4:58 4:07:45 Toronto ON
5	111	Jean-paul Bedard	4:08:22	LM40-49	3/49	5 4:59 4:08:15 Toronto ON
6	19	Kenneth Smith	4:13:50	LM50+	2/41	6 5:05 4:13:46 Warren OH
7	92	Jennifer Sprague	4:15:01	LF-39	1/23	1 5:07 4:13:49 Newport KY
8	40	Laurie McGrath	4:15:29	LF40-49	1/14	2 5:07 4:15:31 Baden ON
9	163	Jeff Varey	4:16:39	LM-39	2/28	7 5:08 4:16:35 Toronto ON
10	162	Stephen Hannah	4:16:39	LM-39	3/28	8 5:08 4:16:36 Burlington ON
11	172	Brian Groot	4:16:58	LM-39	4/28	9 5:09 4:16:50 London ON
12	94	Paul Chenery	4:17:01	LM50+	3/41	10 5:09 4:16:59 Toronto ON
13	140	Ken Moon	4:17:10	LM40-49	4/49	11 5:09 4:17:08 Lisle ON
14	107	Christine Torres	4:19:41	LF40-49	2/14	3 5:12 4:19:36 London ON
15	13	Bill Lovett	4:21:27	LM-39	5/28	12 5:14 4:21:10 Alliston ON
16	118	David Johnson	4:23:02	LM50+	4/41	13 5:16 4:22:56 Toronto ON
17	169	Frances Davis	4:24:24	LF-39	2/23	4 5:18 4:24:19 Danbury CT
18	174	Ramon Bake	4:25:19	LM-39	6/28	14 5:19 4:25:00 St. Catharines
19	26	Mark Pasternak	4:26:40	LM40-49	5/49	15 5:20 4:26:38 Etobicoke ON
20	165	Mike Sheridan	4:28:21	LM-39	7/28	16 5:23 4:28:16 Jordan Station
21	39	Andrew Heij	4:31:25	LM-39	8/28	17 5:26 4:31:23 Kitchener ON
22	116	Cameron Lutley	4:35:14	LM-39	9/28	18 5:31 4:35:09 Toronto ON
23	135	Stephan Miklos	4:36:00	LM40-49	6/49	19 5:32 4:35:50 Toronto ON
24	164	Marylou Corino	4:38:49	LF-39	3/23	5 5:35 4:38:44 Georgetown ON
25	90	Sri Bodkhe	4:39:16	LM40-49	7/49	20 5:36 4:39:07 Buckland MA
26	113	Michael Hartman	4:40:01	LM-39	10/28	21 5:37 4:39:56 Pittsburgh PA
27	137	David Webb	4:41:50	LM50+	5/41	22 5:39 4:41:46 Oakville ON
28	153	Glenn Whitehead	4:43:18	LM40-49	8/49	23 5:40 4:43:20 London ON
29	142	Robert Ferraro	4:43:25	LM40-49	9/49	24 5:41 4:43:18 Toronto ON
30	53	Jeff Cooper	4:43:30	LM50+	6/41	25 5:41 4:43:24 Toronto ON
31	150	Mark Sterling	4:43:50	LM40-49	10/49	26 5:41 4:43:47 Toronto ON
32	89	Melinda Tomek	4:44:57	LF50+	1/7	6 5:42 4:44:44 London ON
33	155	Morgan Schick	4:45:34	LM-39	11/28	27 5:43 4:45:21 Mississauga ON
34	108	Terry Berman	4:46:46	LM-39	12/28	28 5:45 4:46:40 Thornhill ON
35	114	David Hartman	4:47:18	LM50+	7/41	29 5:45 4:47:14 Pittsburgh PA
36	154	Peter Schwanke	4:47:41	LM40-49	11/49	30 5:46 4:47:36 Westfield Cente
37	35	Ronald Gehl	4:50:45	LM50+	8/41	31 5:49 4:50:51 Kitchener ON

38	36	Allison Riley	4:51:53	LF-39	4/23	7	5:51	4:51:36	Halifax NS
39	138	Greg Bergeron	4:52:42	LM40-49	12/49	32	5:52	4:52:26	Milton VT
40	68	Ronald Irwin	4:52:55	LM40-49	13/49	33	5:52	4:52:51	Durham ON
41	115	Christina Laflamme	4:53:03	LF-39	5/23	8	5:52	4:47:31	Toronto ON
42	176	Brian Lauzon	4:54:18	LM50+	9/41	34	5:54	4:54:08	Peterborough ON
43	139	David Olson	4:54:36	LM40-49	14/49	35	5:54	4:54:14	Rochester NY
44	45	Ross Chandler	4:55:37	LM50+	10/41	36	5:55	4:55:33	Ajax ON
45	145	Kyle Brumbaugh	4:56:43	LM-39	13/28	37	5:57	4:56:29	Dayton OH
46	184	Jordan Shaw	4:58:00	LM-39	14/28	38	5:58	4:57:43	Toronto
47	44	Eric Kimmelman	4:58:13	LM40-49	15/49	39	5:58	4:58:00	Amsterdam NY
48	4	Keith Lascelles	4:58:23	LM40-49	16/49	40	5:59	4:58:06	Barrie ON
49	54	Iris Cooper	4:59:38	LF50+	2/7	9	6:00	4:59:31	Toronto ON
50	62	Jim Morrison	5:00:37	LM50+	11/41	41	6:01	5:00:30	Thornhill ON
51	120	James Campbell	5:00:40	LM50+	12/41	42	6:01	5:00:15	St Catharines O
52	109	Todd Mickolwin	5:00:59	LM40-49	17/49	43	6:02	4:58:32	Richmond Hill O
53	61	Sanjay Mehta	5:01:23	LM40-49	18/49	44	6:02	5:01:12	London ON
54	51	Charles Oatman	5:03:12	LM50+	13/41	45	6:04	5:02:57	Etobicoke ON
55	47	John Langworthy Ii	5:03:17	LM-39	15/28	46	6:04	5:03:07	Akron NY
56	122	Chris Stephens	5:04:42	LM40-49	19/49	47	6:06	5:04:38	Burlington ON
57	141	Chris Mcpeake	5:05:26	LM40-49	20/49	48	6:07	5:05:15	Toronto ON
58	42	Roger Parsons	5:06:34	LM50+	14/41	49	6:08	5:06:21	St Jacobs ON
59	168	Greg Aspden	5:06:47	LM-39	16/28	50	6:09	5:01:03	St Catharines O
60	173	Peter Kalra	5:11:57	LM40-49	21/49	51	6:15	5:11:51	Acton ON
61	125	Rob Gryfe	5:12:16	LM40-49	22/49	52	6:15	5:12:04	Toronto ON
62	123	Tammy Sieminowski	5:12:27	LF40-49	3/14	10	6:15	5:12:14	Toronto ON
63	134	Kinga Miklos	5:12:42	LF-39	6/23	11	6:16	5:12:24	Toronto ON
64	22	Chris Jantz	5:12:50	LM-39	17/28	53	6:16	5:12:28	Welland ON
65	147	Lee Anne Cohen	5:13:45	LF50+	3/7	12	6:17	5:13:25	Creemore ON
66	56	Dave Wainwright	5:14:34	LM40-49	23/49	54	6:18	5:14:20	London ON
67	95	John Armstrong	5:15:29	LM40-49	24/49	55	6:19	5:15:13	Grove City PA
68	72	Jennifer Garcia	5:15:58	LF-39	7/23	13	6:20	5:15:38	Binghamton NY
69	70	Marcus Olson	5:16:27	LM-39	18/28	56	6:20	5:15:59	Newmarket ON
70	158	Maryka Hladki	5:18:10	LF-39	8/23	14	6:22	5:17:55	Newmarket ON
71	133	Dave Emilio	5:18:30	LM40-49	25/49	57	6:23	5:17:44	Toronto ON
72	52	Rick Swinson	5:18:37	LM40-49	26/49	58	6:23	5:18:35	Whitby ON
73	59	Steven Levitsky	5:19:01	LM40-49	27/49	59	6:23	5:18:47	Rochester NY
74	161	Alex Drennan	5:19:50	LM40-49	28/49	60	6:24	5:19:39	London ON
75	57	David Collins	5:24:06	LM50+	15/41	61	6:29	5:23:56	Burlington ON
76	23	Susan Coulas	5:24:08	LF40-49	4/14	15	6:29	5:24:03	Ajax ON
77	104	Cherie Harthun	5:25:39	LF-39	9/23	16	6:31	5:25:19	Hamilton ON
78	110	Andrew John Bellamy	5:26:25	LM-39	19/28	62	6:32	5:26:22	Toronto ON
79	7	Erin Randall	5:27:13	LF-39	10/23	17	6:33	5:27:00	Marengo IL
80	101	Gord England	5:27:17	LM50+	16/41	63	6:33	5:27:11	Toronto ON
81	99	David Stoppenhagen	5:27:48	LM50+	17/41	64	6:34	5:27:39	Aiken SC
82	198	Dave Hockin	5:30:10	LM50+	18/41	65	6:37	5:29:44	Chatham
83	103	John Mamatis	5:30:30	LM40-49	29/49	66	6:37	5:30:22	Scarborough ON
84	128	Scott Douglas	5:32:07	LM40-49	30/49	67	6:39		Kitchener ON
85	183	Mauricio Osorio	5:32:54	LM40-49	31/49	68	6:40	5:32:51	London
86	144	Lise Gagne	5:34:01	LF50+	4/7	18	6:41	5:33:52	Angus ON
87	50	Eric Liebovitz	5:34:53	LM40-49	32/49	69	6:42	5:34:44	Toronto ON
88	156	Luis Espinoza	5:34:54	LM40-49	33/49	70	6:42	5:34:41	Toronto ON
89	127	Edgar Viret	5:40:55	LM50+	19/41	71	6:50	5:40:41	Pickering ON
90	143	Armand Leblanc	5:41:03	LM50+	20/41	72	6:50	5:40:56	Angus ON
91	106	Dave Crowe	5:43:14	LM40-49	34/49	73	6:52	5:41:58	Mississauga ON
92	177	Duff McLaren	5:44:41	LM50+	21/41	74	6:54	5:44:19	Toronto ON

93	81	Christopher Tuckwell	5:46:14	LM-39	20/28	75	6:56	5:45:55	Chatham ON
94	131	Frank Tom	5:46:43	LM40-49	35/49	76	6:57	5:46:21	Scarborough ON
95	69	Mark Ishikawa	5:49:35	LM40-49	36/49	77	7:00	5:49:27	Brantford ON
96	136	Hans Maier	5:51:08	LM50+	22/41	78	7:02	5:51:03	Stouffville ON
97	152	Ron Vaillancourt	5:52:17	LM40-49	37/49	79	7:03	5:52:13	Ajax ON
98	112	Carolyn Clark	5:52:17	LF40-49	5/14	19	7:03	5:52:04	London ON
99	63	David Blanchard	5:54:26	LM40-49	38/49	80	7:06	5:54:11	Yorktown VA
100	55	Grace Ko	5:55:05	LF-39	11/23	20	7:07	5:54:51	Toronto ON
101	124	Clay Williams	5:55:28	LM40-49	39/49	81	7:07	5:55:15	Kitchener ON
102	15	Rick Maclean	5:55:52	LM40-49	40/49	82	7:08	5:55:33	Orillia ON
103	146	Shannon Lloyd	5:55:52	LF-39	12/23	21	7:08	5:55:34	Barrie ON
104	97	Paul Nelson	5:56:19	LM40-49	41/49	83	7:08	5:50:58	Mississauga ON
105	8	Dan Dobrin	5:56:33	LM40-49	42/49	84	7:08	5:56:24	Toronto ON
106	100	June Quah	5:56:40	LF-39	13/23	22	7:08	5:56:25	Toronto ON
107	16	Frances Ciccarelli	5:56:46	LF40-49	6/14	23	7:09	5:56:40	Toronto ON
108	323	Maurice Cascanette	5:56:47	LM40-49	43/49	85	7:09	5:56:31	Whitby ON
109	93	Aaryn Mcinnes-riccadon	5:57:16	LF-39	14/23	24	7:09	5:57:09	Keswick ON
110	76	Alana Guinane	5:57:49	LF40-49	7/14	25	7:10	5:57:34	Toronto ON
111	126	Paul Schafer	5:58:26	LM40-49	44/49	86	7:11	5:58:05	Guelph ON
112	166	Henri Ragetlie	5:59:56	LM50+	23/41	87	7:12	5:54:13	St. Catharines
113	82	Howard Parker	6:01:11	LM50+	24/41	88	7:14	6:01:00	Scarborough ON
114	79	Claire Foley	6:01:13	LF40-49	8/14	26	7:14	6:01:05	Etobicoke ON
115	102	Jamie Harris	6:04:12	LM50+	25/41	89	7:18	6:03:50	London ON
116	1	May Seto	6:04:41	LF40-49	9/14	27	7:18	6:04:27	Mississauga ON
117	157	Jacqueline Proulx	6:06:40	LF40-49	10/14	28	7:20	6:06:23	East Amherst NY
118	171	Clyde Ferguson	6:06:40	LM50+	26/41	90	7:20	6:06:22	Lockport NY
119	159	Roger Niethe	6:06:40	LM50+	27/41	91	7:20	6:06:23	Lockport NY
120	65	Jim Glen	6:07:03	LM40-49	45/49	92	7:21	6:06:58	Hamilton ON
121	29	Sara Blanchett	6:07:50	LF-39	15/23	29	7:22	6:07:36	Kitchener ON
122	58	Albert Kral	6:08:14	LM50+	28/41	93	7:22	6:07:55	Smithville ON
123	18	Jim Tuttle	6:09:39	LM40-49	46/49	94	7:24	6:09:21	Innisfil ON
124	85	Sean Scarisbrick	6:10:10	LM-39	21/28	95	7:25	6:09:51	Youngstown NY
125	33	Hong Vuong	6:10:17	LM-39	22/28	96	7:25	6:10:05	Mississauga ON
126	78	Mark Jahshan	6:12:53	LM-39	23/28	97	7:28	6:12:37	Fairfax VA
127	37	Abs Bey	6:13:38	LM-39	24/28	98	7:29	6:13:31	Brantford ON
128	77	Pete Pfannerstill	6:14:00	LM50+	29/41	99	7:29	6:13:37	Wesley Chapel F
129	17	Brooke Rosenfeld	6:15:33	LF-39	16/23	30	7:31	6:15:21	Toronto ON
130	170	Bruce Purdy	6:15:34	LM50+	30/41	100	7:31	6:15:04	Manchester MI
131	28	Robert Stern	6:15:53	LM50+	31/41	101	7:32	6:15:42	Painted Post NY
132	80	Joni Baumgarten	6:16:32	LF-39	17/23	31	7:32	6:16:17	Philadelphia PA
133	175	Alfredo Suarez	6:17:57	LM40-49	47/49	102	7:34	6:17:47	Pickering ON
134	148	Shelly Rutledge	6:18:28	LF-39	18/23	32	7:35	6:18:24	Mississauga ON
135	84	Michael Schiavone	6:19:41	LM50+	32/41	103	7:36	6:19:23	Lewiston NY
136	67	Mark Janosky	6:24:47	LM50+	33/41	104	7:42	6:24:23	Perrysburg OH
137	86	Colin Wright	6:24:57	LM40-49	48/49	105	7:42	6:24:48	George Town ON
138	87	Wendy Freeman	6:24:57	LF-39	19/23	33	7:42	6:24:48	George Town Gra
139	132	Catherine Harding	6:29:28	LF-39	20/23	34	7:48	6:29:17	Barrie ON
140	117	Milos Bulatovic	6:29:37	LM-39	25/28	106	7:48	6:28:21	Mississauga ON
141	25	Glen Avery	6:30:51	LM50+	34/41	107	7:50	6:30:26	Houghton NY
142	64	Joe Cleary	6:33:39	LM50+	35/41	108	7:53	6:33:26	Georgetown ON
143	49	Jenya Kopylov	6:33:44	LF-39	21/23	35	7:53	6:33:42	Toronto ON
144	43	Mark Mcdonald	6:36:43	LM-39	26/28	109	7:57	6:36:28	Toronto ON
145	11	Jennifer Remazki	6:40:17	LF40-49	11/14	36	8:01	6:40:01	Honey Harbour O
146	46	Jeffrey Loucks	6:41:33	LM50+	36/41	110	8:02	6:41:24	East Jewett NY
147	3	Terrance Davis	6:41:56	LM-39	27/28	111	8:03		Port Huron MI

148	73	Kelly Paul	6:45:51	LF40-49	12/14	37	8:08	6:45:34	Fairfax VA
149	74	George Paul	6:45:52	LM40-49	49/49	112	8:08	6:45:35	Fairfax VA
150	96	Mike Dinardo	6:46:20	LM50+	37/41	113	8:08	6:45:58	Richmond Hill O
151	27	Seth Elsheimer	6:47:59	LM50+	38/41	114	8:10	6:47:52	Winter Park FL
152	119	Kathy Nicholaichuk	6:49:14	LF50+	5/7	38	8:12	6:49:05	Toronto ON
153	31	Kevin Swift	6:51:34	LM50+	39/41	115	8:14	6:51:13	Grand Blanc MI
154	130	David Goodsell	7:04:33	LM50+	40/41	116	8:30	7:04:25	Niagara Falls N
155	91	Helen Malmberg	7:24:47	LF50+	6/7	39	8:54	7:24:35	Toronto ON
156	14	Tracy Maclean	7:31:12	LF50+	7/7	40	9:02		Orillia ON
157	9	Cindy Marcelli	7:31:12	LF40-49	13/14	41	9:02	7:30:56	Barrie ON
158	38	Heather Heij	7:34:17	LF-39	22/23	42	9:06	7:33:59	Kitchener ON
159	32	Thomas A Dembinski	7:45:01	LM50+	41/41	117	9:18		Fredericktown O
160	178	Enia Di Luca	8:00:36	LF40-49	14/14	43	9:37	8:00:25	Ancaster ON
161	160	Martin Dewar	8:22:29	LM-39	28/28	118	10:03	8:22:18	Toronto ON
162	12	Tammy Massie	9:41:41	LF-39	23/23	44	11:39		Gaithersburg MD

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