

# Haliburton Forest Trail Race 2023 - 50 Mile Trail Race

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
1	PASCAL BESSETTE	OTTAWA, CAN	M: 1	RUNNER	54	10:00:55.80	07:28	8.0kph	Overall Male: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	04:40:16.66	51:06	0.0kph	04:40:16.66
						50 Mile	05:20:39.14	46:05	0.0kph	10:00:55.80
2	SEAN ROPER	MILTON, CAN	M: 2	RUNNER	114	10:04:38.28	07:30	8.0kph	Overall Male: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	04:46:36.23	04:08	0.0kph	04:46:36.23
						50 Mile	05:18:02.06	01:22	0.0kph	10:04:38.28
3	TODD HAMMOND	COLLINGWOOD, CAN	M: 3	RUNNER	75	10:29:42.61	07:49	7.7kph	Overall Male: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:04:05.75	43:49	0.0kph	05:04:05.75
						50 Mile	05:25:36.87	04:34	0.0kph	10:29:42.61
4	BECKY SCHULTZ	PETERBOROUGH, CAN	F: 1	RUNNER	116	10:30:31.38	07:50	7.7kph	Overall Female: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:01:36.17	04:06	0.0kph	05:01:36.17
						50 Mile	05:28:55.21	16:48	0.0kph	10:30:31.38
5	PAUL THUSUSKA	SUDBURY, CAN	M: 4	RUNNER	123	10:53:01.81	08:06	7.4kph	Masters Male: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:00:57.62	38:24	0.0kph	05:00:57.62
						50 Mile	05:52:04.19	42:47	0.0kph	10:53:01.81
6	JOHN MCALISTER	EAST YORK, CAN	M: 5	RUNNER	98	11:14:12.29	08:22	7.2kph	Male 40 - 49: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:02:45.02	50:00	0.0kph	05:02:45.02
						50 Mile	06:11:27.28	38:10	0.0kph	11:14:12.29
7	JEFF TAYLOR	GANANOQUE, CAN	M: 6	RUNNER	122	11:18:25.97	08:25	7.1kph	Male 30 - 39: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	04:47:55.21	56:48	0.0kph	04:47:55.21
						50 Mile	06:30:30.77	20:30	0.0kph	11:18:25.97
8	BRYCE MCBAIN	GUELPH, CAN	M: 7	RUNNER	99	11:20:17.65	08:27	7.1kph	Masters Male: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:06:52.83	35:13	0.0kph	05:06:52.83
						50 Mile	06:13:24.83	56:32	0.0kph	11:20:17.65
9	BRIAN CAIRE	OTTAWA, CAN	M: 8	RUNNER	62	11:22:39.10	08:29	7.1kph	Male 30 - 39: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:13:23.78	55:51	0.0kph	05:13:23.78
						50 Mile	06:09:15.33	10:12	0.0kph	11:22:39.10
10	BRIAN GAUCHER	ODESSA, CAN	M: 9	RUNNER	72	11:24:37.49	08:30	7.1kph	Male 20 - 29: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:34:06.72	44:28	0.0kph	05:34:06.72
						50 Mile	05:50:30.77	40:30	0.0kph	11:24:37.49
11	ADAM KITCHEN	PETERBOROUGH, CAN	M: 10	RUNNER	81	11:29:01.52	08:33	7.0kph	Male 20 - 29: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:10:01.82	41:12	0.0kph	05:10:01.82
						50 Mile	06:18:59.70	39:47	0.0kph	11:29:01.52
12	KYRA POWELL	HALIBURTON, CAN	F: 2	RUNNER	111	11:29:29.82	08:34	7.0kph	Overall Female: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:08:52.93	55:17	0.0kph	05:08:52.93
						50 Mile	06:20:36.89	44:35	0.0kph	11:29:29.82
13	GARETH CORRIGAN	COLLINGWOOD, CAN	M: 11	RUNNER	65	11:41:03.33	08:42	6.9kph	Masters Male: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:20:17.75	31:49	0.0kph	05:20:17.75
						50 Mile	06:20:45.58	50:23	0.0kph	11:41:03.33
14	SKYLAR MARSHALL	CODRINGTON, CAN	F: 3	RUNNER	93	11:42:17.29	08:43	6.9kph	Overall Female: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:24:02.35	01:33	0.0kph	05:24:02.35
						50 Mile	06:18:14.95	09:57	0.0kph	11:42:17.29
15	TYLER FRENCH	STONE CREEK, CAN	M: 12	RUNNER	70	11:50:42.17	08:49	6.8kph	Male 30 - 39: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:12:39.83	26:32	0.0kph	05:12:39.83
						50 Mile	06:38:02.35	21:33	0.0kph	11:50:42.17

# Haliburton Forest Trail Race 2023 - 50 Mile Trail Race

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division	Rank
16	JODIE LISTON	VANESSA, CAN	F: 4	RUNNER	89	11:50:52.53	08:50	6.8kph	Female 40 - 49:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:20:48.39	52:15	0.0kph	05:20:48.39
						50 Mile	06:30:04.15	02:45	0.0kph	11:50:52.53
17	JOHN SHEP	GOODWOOD, CAN	M: 13	RUNNER	118	11:54:48.01	08:52	6.8kph	Male 30 - 39:	4
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:41:19.64	33:05	0.0kph	05:41:19.64
						50 Mile	06:13:28.38	58:54	0.0kph	11:54:48.01
18	SIENNA BERGAGNINI	OWEN SOUNDS, CAN	F: 5	RUNNER	52	12:02:13.37	08:58	6.7kph	Female 20 - 29:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:32:11.29	27:31	0.0kph	05:32:11.29
						50 Mile	06:30:02.09	01:23	0.0kph	12:02:13.37
19	MARC-OLIVIER LÉANDRE	PETAWAWA, CAN	M: 14	RUNNER	84	12:25:03.74	09:15	6.5kph	Male 20 - 29:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:39:40.22	26:48	0.0kph	05:39:40.22
						50 Mile	06:45:23.52	15:40	0.0kph	12:25:03.74
20	JONATHAN OPTIS	OTTAWA, CAN	M: 15	RUNNER	107	12:28:05.62	09:17	6.5kph	Male 40 - 49:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:06:22.91	15:16	0.0kph	05:06:22.91
						50 Mile	07:21:42.71	28:28	0.0kph	12:28:05.62
21	ELISE MAGUIRE	BURLINGTON, CAN	F: 6	RUNNER	92	12:36:35.02	09:24	6.4kph	Female 40 - 49:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:57:48.18	32:06	0.0kph	05:57:48.18
						50 Mile	06:38:46.85	51:13	0.0kph	12:36:35.02
22	MARK LEWIS	BRACEBRIDGE, CAN	M: 16	RUNNER	87	12:43:00.59	09:28	6.3kph	Male 30 - 39:	5
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:37:53.67	15:46	0.0kph	05:37:53.67
						50 Mile	07:05:06.92	24:36	0.0kph	12:43:00.59
23	JENNY BILAS	OSHAWA, CAN	F: 7	RUNNER	55	13:13:39.03	09:51	6.1kph	Female 40 - 49:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	05:49:11.55	47:41	0.0kph	05:49:11.55
						50 Mile	07:24:27.49	18:19	0.0kph	13:13:39.03
24	HILARY SCHAAP	RAVENNA, CAN	F: 8	RUNNER	115	13:30:55.94	10:04	6.0kph	Female 20 - 29:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:01:44.33	09:32	0.0kph	06:01:44.33
						50 Mile	07:29:11.61	27:44	0.0kph	13:30:55.94
25	CHRIS NICOLSON	BLUE MOUNTAINS, CAN	M: 17	RUNNER	103	13:30:56.06	10:04	6.0kph	Male 30 - 39:	6
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:01:44.53	09:41	0.0kph	06:01:44.53
						50 Mile	07:29:11.53	27:41	0.0kph	13:30:56.06
26	BETH DEAZELEY	OAKVILLE, CAN	F: 9	RUNNER	67	13:44:39.79	10:14	5.9kph	Female 40 - 49:	4
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:15:04.50	02:59	0.0kph	06:15:04.50
						50 Mile	07:29:35.29	43:31	0.0kph	13:44:39.79
27	MEHDI ZONJY	TORONTO, CAN	M: 18	RUNNER	130	13:47:13.01	10:16	5.8kph	Male 30 - 39:	7
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:09:31.34	20:53	0.0kph	06:09:31.34
						50 Mile	07:37:41.68	07:46	0.0kph	13:47:13.01
28	JACOB JANES	OTTAWA, CAN	M: 19	RUNNER	79	13:53:50.96	10:21	5.8kph	Male 20 - 29:	4
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:10:43.46	08:58	0.0kph	06:10:43.46
						50 Mile	07:43:07.50	44:59	0.0kph	13:53:50.96
29	SEAN ODELL	INGERSOLL, CAN	M: 20	RUNNER	105	14:12:28.40	10:35	5.7kph	Male 40 - 49:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:01:28.53	59:00	0.0kph	06:01:28.53
						50 Mile	08:10:59.88	19:54	0.0kph	14:12:28.40
30	KURT LUCZAK	TORONTO, CAN	M: 21	RUNNER	91	14:14:27.12	10:37	5.7kph	Male 30 - 39:	8
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:15:08.22	05:28	0.0kph	06:15:08.22
						50 Mile	07:59:18.90	32:35	0.0kph	14:14:27.12
31	ÉMERIK BUREAU	PETAWAWA, CAN	M: 22	RUNNER	60	14:23:47.02	10:44	5.6kph	Male 20 - 29:	5
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:30:42.39	28:15	0.0kph	06:30:42.39
						50 Mile	07:53:04.64	23:05	0.0kph	14:23:47.02

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
32	JENNY WATT	LONDON, CAN	F: 10	RUNNER	126	14:29:57.68	10:48	5.5kph	Female 30 - 39: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:25:52.74	15:09	0.0kph	06:25:52.74
						50 Mile	08:04:04.95	43:17	0.0kph	14:29:57.68
33	SAVVAS FARASSOGLOU	OTTAWA, CAN	M: 23	RUNNER	69	14:37:58.81	10:54	5.5kph	Male 40 - 49: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:15:36.14	24:05	0.0kph	06:15:36.14
						50 Mile	08:22:22.68	55:07	0.0kph	14:37:58.81
34	STEVEN BRYSON	BADEN, CAN	M: 24	RUNNER	58	14:56:53.93	11:08	5.4kph	Male 40 - 49: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:32:58.24	58:49	0.0kph	06:32:58.24
						50 Mile	08:23:55.69	57:07	0.0kph	14:56:53.93
35	STEVEN BERNEKING	ALMONTE, CAN	M: 25	RUNNER	53	15:21:21.79	11:27	5.2kph	Male 20 - 29: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:45:25.08	16:43	0.0kph	06:45:25.08
						50 Mile	08:35:56.71	57:48	0.0kph	15:21:21.79
36	EUNICE LIPINSKI	HANNON, CAN	F: 11	RUNNER	88	15:28:55.34	11:32	5.2kph	Female 40 - 49: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:08:21.69	34:27	0.0kph	07:08:21.69
						50 Mile	08:20:33.66	42:26	0.0kph	15:28:55.34
37	JORDAN BRAY-STONE	HUDSON, CAN	M: 26	RUNNER	56	15:50:48.02	11:48	5.1kph	Male 30 - 39: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:09:49.80	33:11	0.0kph	07:09:49.80
						50 Mile	08:40:58.22	18:48	0.0kph	15:50:48.02
38	CINDY TJERSLAND	DARTMOUTH, MA	F: 12	RUNNER	124	15:50:59.20	11:49	5.1kph	Masters Female: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:18:39.12	26:04	0.0kph	07:18:39.12
						50 Mile	08:32:20.08	33:23	0.0kph	15:50:59.20
39	CHRISTINE OHLHAUSEN	WELLESLEY, CAN	F: 13	RUNNER	106	16:14:49.48	12:06	5.0kph	Female 40 - 49: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:08:20.99	33:59	0.0kph	07:08:20.99
						50 Mile	09:06:28.50	18:59	0.0kph	16:14:49.48
40	KAITLYN WHITSITT	GREATER SUDBURY, CAN	F: 14	RUNNER	127	16:14:49.88	12:06	5.0kph	Female 20 - 29: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:48:01.09	00:43	0.0kph	06:48:01.09
						50 Mile	09:26:48.80	52:31	0.0kph	16:14:49.88
41	LIISA NILSEN	TORONTO, CAN	F: 15	RUNNER	104	16:14:50.09	12:06	5.0kph	Female 40 - 49: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:08:21.45	34:17	0.0kph	07:08:21.45
						50 Mile	09:06:28.65	19:05	0.0kph	16:14:50.09
42	DANIA FUENTES PINO	TORONTO, CAN	F: 16	RUNNER	71	16:36:55.52	12:23	4.8kph	Female 40 - 49: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	06:44:56.39	57:35	0.0kph	06:44:56.39
						50 Mile	09:51:59.13	39:25	0.0kph	16:36:55.52
43	ANDREW LOBO	MISSISSAUGA, CAN	M: 27	RUNNER	90	16:50:22.69	12:33	4.8kph	Male 30 - 39: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:38:56.14	57:25	0.0kph	07:38:56.14
						50 Mile	09:11:26.55	37:41	0.0kph	16:50:22.69
44	CHRIS LADUBEC	WATERLOO, CAN	M: 28	RUNNER	83	16:50:58.88	12:33	4.8kph	Male 40 - 49: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:38:53.26	55:30	0.0kph	07:38:53.26
						50 Mile	09:12:05.62	03:44	0.0kph	16:50:58.88
45	DAVID LEDERER	MONTREAL, CAN	M: 29	RUNNER	85	17:46:46.42	13:15	4.5kph	Male 40 - 49: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:33:06.37	04:14	0.0kph	07:33:06.37
						50 Mile	10:13:40.05	06:42	0.0kph	17:46:46.42
46	SURYAN NAIR	TORONTO, CAN	M: 30	RUNNER	102	18:31:22.44	13:48	4.3kph	Male 0 - 19: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	07:31:58.34	18:53	0.0kph	07:31:58.34
						50 Mile	10:59:24.11	36:04	0.0kph	18:31:22.44
47	DAVID HUTTON	VANCOUVER, CAN	M: 31	RUNNER	78	20:11:28.75	15:03	4.0kph	Male 60 - 69: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	09:16:04.37	42:54	0.0kph	09:16:04.37
						50 Mile	10:55:24.39	56:15	0.0kph	20:11:28.75

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48	JOSEPH MAUKO	TORONTO, CAN	M: 32	RUNNER	96	21:00:21.05	15:39	3.8kph	Male 50 - 59: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	08:13:13.97	49:18	0.0kph	08:13:13.97
						50 Mile	12:47:07.08	24:42	0.0kph	21:00:21.05
49	GAVIN MAUKO	TORONTO, CAN	M: 33	RUNNER	97	21:00:21.34	15:39	3.8kph	Male 0 - 19: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	08:13:15.45	50:17	0.0kph	08:13:15.45
						50 Mile	12:47:05.89	23:55	0.0kph	21:00:21.34
50	LISA UREEL	WHITNEY, CAN	F: 17	RUNNER	125	25:27:01.35	18:58	3.2kph	Masters Female: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	10:24:09.77	06:30	0.0kph	10:24:09.77
						50 Mile	15:02:51.59	54:23	0.0kph	25:27:01.35
51	RONALD GEHL	KITCHENER, CAN	M: 34	RUNNER	73	25:27:15.66	18:58	3.2kph	Male 70 - 79: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						25 Mile	10:28:08.42	45:36	0.0kph	10:28:08.42
						50 Mile	14:59:07.25	24:49	0.0kph	25:27:15.66