

**THE 4TH ANNUAL DOFASCO GOLDEN HORSESHOE FIFTY MILER  
SUNDAY, SEPTEMBER 30, 1990**

JONES BREAKS 5 HOUR BARRIER IN GOLDEN HORSESHOE 50 MILE

For this year's seasoned Jones-watchers, it was almost anti-climatic when Andy Jones crossed the finish line and joined the very elite club of sub five hour performers for the the classic 50 mile distance with a stunning 4:54:59 clocking in Hamilton, Ontario's Dofasco Golden Horseshoe Fifty Miler on September 30, 1990. Jones, 28, who works as an engineer in Ottawa, Ontario, began the year quietly enough with a solid fourth place finish (1:39:24) in North America's oldest distance race, the Around the Bay Road Race, a 30 km event held first in 1894, but quickly drew local attention in May when he dropped the Canadian 50km mark to a world class 2:54:17 at Whitby, Ont. then followed this effort with a 3:39:38 performance on the tough gravel of the Sagamok 60km in Massey, Ont. Though only Bruce Fordyce (4:50:21), Barney Klecker (4:51:25), and Don Richie (4:51:49) have ever run faster, Jones was obviously peaking for this event and the conclusion was not unexpected. Those who had seen him run previously this year (even if only from behind) were the least surprised at the outcome, and those who saw him on this day will certainly not be surprised in the future.

The Dofasco event had been heralded to be the greatest showdown at the distance in Canada and was expected to produce the fastest times in North America of the year as Jones lined up against Eric Seedhouse, 25, a graduate student in medical science in England who holds Canadian citizenship and who had set the latest Canadian mark last October en route to victory in the famous London to Brighton 54 mile event with a 5:04:18 50 mile split. Though Jones's junior, Eric was the more experienced ultra runner, with a list of British and European competitions which could serve as a fairly complete list of the classic races in that part of the world. For Jones this would be his first attempt at the distance since his only other attempt, a 5:53:22 course record

victory in the 1988 Ice Age Trail.

Though the course had been redesigned once again into a basically flat out-and-back configuration on asphalt, lightly travelled country roads, a cold and steady downpour in the morning on what is normally the most predictably nice weekend of the year turned what race organizers had planned to be "a real long marathon" back into a real long ultra. As if this were not enough, and to demonstrate that four years of experience and a year of careful planning will not exempt you from Murphy's Law, the 7:00 a.m. start was delayed 18 minutes as race officials scrambled to locate enough water to supply the first aid stations when the spring water supplier failed to show. "Water, water everywhere...."

Unaffected by the panic of the organizers, and undaunted by the unseasonably cold (mid 50's F.) rain and wind, Jones had within a few miles opened up a 5 minute lead over Seedhouse, and, after making the turn in 2:21, extended it to a full 2 miles as the two passed each other right at the 24-26 mile mark. Jones' other splits were not less remarkable: 50km in 2:56:34, 60km in 3:32:34 (2 seconds shy of Don Richie's world best), and 40 miles in 3:48:53 (2:22 off Barney Klecker's world record). Seedhouse, who arrived in Canada on Thursday night with a bad upper respiratory illness and a bit of jet lag, really ran into it now. From 15 minutes off the pace at 30 miles, at 40 he had slowed to 30 minutes back, to finish in 5:32:00. All who witnessed his performance over the last 20 miles were greatly moved by his great courage in continuing the fray when reason dictated that a dignified retirement was in order. His most keen disappointment at the unexpected turn of events was apparent to all when he stumbled at the finish line and was helped off to warm shelter by former U.S. 50 mile record holder Frank Bozanich and former course record holder Graeme Magor. We knew

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then that the last had not been written about Eric.

The outstanding finishes of Jones and Seedhouse outshined performances that would have won most other 50 milers: two other sub six hour finishes (Dave McConkey 5:55 and Doug Barber 5:58, both personal bests). Doug's 50km 3:23:00 and 40 mile 3:48:53 may be Canadian master's bests as well. Following these, there were nine sub seven hour finishers, including an outstanding personal best 6:33:56 by top woman Daniele Cherniak of New York, recording the fastest time by 20 minutes ever run on Canadian soil. Daniele, who gives the impression at the finish that she could turn around and do the course twice and still be the very gentle, unassuming person that she is at the start, will also have more written about her in days to come. In taking the coveted First Yank award, Daniele also put to shame that pride of the Buckeyes, former two time winner Rob Apple. The wheelchair field, unique to the event, doubled this year to two entries, with 19 year Canadian Olympic team member Chris Stoddart repeating his first place finish nearly an hour off last year's pace due to wheel grip problems caused by the inclement weather. Chris arrived late and started some five minutes after the rest of the field, but moved up quickly to sixth position until the grip caused hyperextension in one elbow causing him to fall back to finish 12th overall. He fared better than training partner Gino Vendetti whose track racing tires were a poor match for the courser asphalt, and his determination to finish was finally not enough to push the steel rims along the road any more.

A record 70 started the course, and although the unexpected cold rain contributed to a relatively high number of drop-outs (including the aforesaid Frank Bozanich), 63 did finish the event, continuing the tradition of being the largest ultra in Canada. Remarkably, of the 24 repeating last year's finish, 19 had

major improvements in their finish time, the greatest being Mike Leyendecker's 1:44:00 improvement to 9:55:51. New event age group records were also set by Anne Huntzicker (40-49), Ed Ciesielski (50-59), and the incredible Harrison Smith (60+). One slower performance was that of the granite man of Sudbury, Ont., Rolly Portelance, who had run the Angeles Crest 100 Miler the previous week and drove all the way from California in his ubiquitous motorhome. Even the last place time of Marge Mullen was an hour and 15 minutes better than that of Leyendeckers and two other finishers last year. Maybe it will snow next year and we'll have the world record!

In addition to hand crafted weather-clock centres presented to Jones, Cherniak, and Stoddart, cash prizes of \$250 for 1st and \$250 for the Canadian record went to Jones, \$125 to Cherniak, and \$150 to Barber for their performances. In keeping with tradition, all finishers were presented with a race logo sweat top with their individual finishing number on it as they crossed the line.

The event had entered into a fundraising partnership with Habitat for Humanity, an international organisation helping disadvantaged families build and acquire adequate housing, which is then financed interest free by the organisation. A total of about \$2,200.00 was raised in this first effort, with 68 year old Rex Barger, raising about \$500 by walking 39 miles of the course in about 9:30. Rex had turned around early in the course in order to be on time for his folk dancing class that evening.

Standing in the dark in three feet of water in the ditch beside the road, trying to hoist the start/finish line banner in the pouring rain, trying to imagine how 70 people who had come from four countries, six states (including Alaska) and two provinces are going to negotiate 50 miles without water, assaulted on all sides by questions

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from runners, friends of runners, aid station personnel (where's my water?), radio personnel: only one thought dwelt, mantra-like, on my

mind- things can only get better.

And so they did. We got our water, and we got our record!

Ed Alexander, Race Director

1. JONES, Andrew, 28 ONT 4:54:59!!
2. SEEDHOUSE, Eric, 25 UK 5:32:00
3. McCONKEY, David, 35 ONT 5:55:00
4. BARBER, Doug, 44 ONT 5:58:00!
5. ANSTETT, Richard, 42 ONT 6:23:19
6. KELK, Chris, 47 ONT 6:25:32
7. MICHALAK, Les, 39 ONT 6:26:31
8. WIGMORE, Richard, 44 ONT 6:28:26
- 9. CHERNIAK, Daniele, 28 NY 6:33:56!\***
10. WYTYCZAK, Chris, 29 ONT 6:34:13
11. VRIEZEN, Frank, 35 ONT 6:41:14
- 12. STODDART, Chris, 40 ONT 6:50:28**
13. GEESLER, John, 31 NY 6:53:38
14. GILLESPIE, Mike, 40 ONT 7:03:14
15. McCALDON, David, 48 ONT 7:03:33
16. CIESIELSKI, Ed, 51 ONT 7:06:14!
17. DEXTER, Bruce, 36 ONT 7:09:50
18. APPLE, Rob, 29 OH 7:11:32
19. FARRELL, Pat, 41 NY 7:15:40
20. STONEKING, Carey, 39 NY 7:17:30
21. PEGELS, Carl, 57 NY 7:37:56
22. WALTER, Stephen, 42 ONT 7:39:51
23. HEROUX, Jesse, 43 ONT 7:40:50
24. PORTELANCE, Rolly, 47 ONT 7:41:04
25. COWIE, Alex, 52 ONT 7:42:53
26. MOORE, Arthur, 53 OH 7:44:08
27. KINDER, Dennis, 48 ONT 7:48:38
28. CRESCIO, Don, 34 MI 7:49:49
29. SMITH, Harrison, 63 NY 8:02:33!
- 30. STEPHEN, Heather, 38 ONT 8:07:21**
31. McKENNA, Joe, 53 OH 8:12:07
32. LULIN, Richard, 43 QUE 8:16:37
33. SABATINE, Charles, 57 NY 8:17:29
34. HARTMAN, Marinus, 43 ONT 8:22:20
35. PARKER, Howard, 40 ONT 8:23:32
36. JEWISS, Tom, 44 ONT 8:25:59
- 37. HEMLEIN, Gaynor, 28 KY 8:25:59**
38. ANDREWS, Kenneth, 51 NY 8:32:48
39. DeBIASI, Paul, 55 ONT 8:33:31
40. DUNN, Jerry, 44 IN 8:35:42
41. SPASIW, John, 36 ONT 8:38:53
42. POLESELLO, Rob, 42 ONT 8:40:57
43. GUNTHER, Richard, 44 NY 8:40:57
44. FRITZ, Thomas, 35 GER 8:42:15
- 45. HENRY, Suzanne, 35 ONT 8:44:03**
46. SCHWARZ, Rolph, 36 ONT 8:44:03
47. MORRISON, Walter, 52 ONT 8:49:52
- 48. NORMAN, Paula, 34 ONT 8:55:19**
49. SCHIFF, J.Michael, 35 ONT 8:58:35
50. DAVIS, Frederick, 42 OH 9:00:54
- 51. HUNTZICKER, Anne, 46 MI 9:01:36!**

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52. POLLINGTON, Roy, 47 ONT 9:04:19  
**53. HODKIN, Linda, 42 ONT 9:04:19**  
 54. KARASILL, Paul, 43 NJ 9:16:10  
 55. VanDONGEN, John, 43 ONT 9:23:56  
 56. CLEARY, Joe, 50 ONT 9:23:56  
 57. DUPREY, Jim, 36 MI 9:31:52  
 58. DAVIS, Jim A., 37 ONT 9:49:32  
 59. HILTON, Bruce, 52 ONT 9:53:07  
 60. LEYENDECKERS, Mike, 29 NY 9:55:51  
**61. FULTON, Katherine, 26 ONT 9:56:12**  
 62. BEKER, Steven, 27 ONT 10:19:26  
**63. MULLEN, Margaret, 44 ONT 10:24:04**

70 starters

!! = Canadian Record (certification pending)

! = Event best

\* = Fastest time on Canadian soil

Name	Age	From	Time	1989
<b>WOMEN 0-39</b>				
1. CHERNIAK, Daniele	28	Cohoes, NY	6:33:56!* 6:59:13!E	
2. STEPHEN, Heather	38	Mississauga, ONT	8:07:21	9:05:00
3. HEMLEIN, Gaynor	28	Petersburg, KY	8:25:59	
4. HENRY, Suzanne		35 Don Mills, ONT	8:44:03	5. NORMAN, Paula
34 Puslinch, ONT	8:55:19	9:45:20		
6. FULTON, Katherine	26	Toronto, ONT	9:56:12	10:18:48
<b>WOMEN 40-49</b>				
1. HUNTZICKER, Anne	46	Ann Arbor, MI	9:01:36!	
2. HODKIN, Linda	42	Toronto, ONT	9:04:19	9:52:52
3. MULLEN, Margaret	44	Toronto, ONT	10:24:04	
<b>WOMEN 50-59</b>				
No finishers				
<b>WOMEN 60+</b>				
No finishers				
<b>MEN 0-39</b>				
1. JONES, Andrew	28	Ottawa, ONT	4:54:59!!	
2. SEEDHOUSE, Eric	25	Beverley, UK	5:32:00	
3. McCONKEY, David	35	Peterborough, ONT	5:55:00	6:58:13
4. MICHALAK, Les	39	Burlington, ONT	6:26:31	6:49:33
5. WYTYCZAK, Christopher	29	Oakville, ONT	6:34:13	

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6.	VRIEZEN, Frank	35	Burlington, ONT	6:41:14	
7.	GEESLER, John	31	St.Johnsville,NY	6:53:38	
8.	DEXTER, Bruce	36	York, ONT	7:09:50	
9.	APPLE, Rob	29	Lewisburg, OH	7:11:32	6:30:40
10.	STONEKING, Carey	39	Owego, NY	7:17:30	
11.	CRESCIO, Don	34	Tecumseh, MI	7:49:49	
12.	SPASIW, John	36	Toronto, ONT	8:38:53	9:26:33
13.	FRITZ, Thomas	35	Frankfurt, GER	8:42:15	
14.	SCHWARZ, Rolph	36	Toronto, ONT	8:44:03	
15.	SCHIFF, J.Michael	35	Toronto, ONT	8:58:35	
16.	DUPREY, Jim	36	Novi, MI	9:31:52	
17.	DAVIS, Jim A.	37	Hamilton, ONT	9:49:32	
18.	LEYENDECKERS, Michael	29	Buffalo, NY	9:55:51	11:39:48
19.	BEKER, Steven	27	Toronto, ONT	10:19:26	

**MEN 40-49**

1.	BARBER, Doug	44	Owen Sound, ONT	5:58:00!	
2.	ANSTETT, Richard	42	Toronto, ONT	6:23:19	
3.	KELK, Chris	47	Toronto, ONT	6:25:32	6:49:33
4.	WIGMORE, Richard	44	London, ONT	6:28:26	6:25:57
5.	GILLESPIE, Michael	40	Toronto, ONT	7:03:14	8:08:10
6.	McCALDON, David	48	Burlington, ONT	7:03:33	
7.	FARRELL, Pat	41	N.Syracuse, NY	7:15:40	
8.	WALTER, Stephen	42	Oakville, ONT	7:39:51	8:14:14
9.	HEROUX, Jesse	43	Burlington, ONT	7:40:50	
10.	PORTELANCE, Rolly	47	Chelmsford, ONT	7:41:04	7:21:08
11.	KINDER, Dennis	48	London, ONT	7:48:38	
12.	LULIN, Richard	43	Montreal, QUE	8:16:37	9:24:44
13.	HARTMAN, Marinus	43	Pickering, ONT	8:22:20	
14.	PARKER, Howard	40	Scarborough, ONT	8:23:32	
15.	JEWISS, Tom	44	Downsview, ONT	8:25:59	7:53:50
16.	DUNN, Jerry	44	Indianapolis, IN	8:35:42	
17.	POLESELLO, Rob	42	Rchmnd Hill, ONT	8:40:57	9:52:09
18.	GUNTHER, Richard	44	Oneida, NY	8:40:57	
19.	DAVIS, Frederick	42	E.Cleveland, OH	9:00:54	9:23:21
20.	POLLINGTON, Roy	47	Burlington, ONT	9:04:19	
21.	KARASILL, Paul	43	Weehawken, NJ	9:16:10	
22.	VandONGEN, John	43	Conestogo, ONT	9:23:56	

**MEN 50-59**

1.	CIESIELSKI, Edward	51	Hamilton, ONT	7:06:14!	7:24:36
2.	PEGELS, Carl	57	Buffalo, NY	7:37:56	
3.	COWIE, Alex	52	Oshawa, ONT	7:42:53	7:59:56
4.	MOORE, Arthur	53	N.Olmstead, OH	7:44:08	8:03:43
5.	McKENNA, Joe	53	Westlake, OH	8:12:07	
6.	SABATINE, Charles	57	Victor, NY	8:17:29	
7.	ANDREWS, Kenneth	51	Youngstown, NY	8:32:48	
8.	DeBIASI, Paul	55	Etobicoke, ONT	8:33:31	
9.	MORRISON, Walter	52	Azilda, ONT	8:49:52	
10.	CLEARY, Joe	50	Georgetown, ONT	9:23:56	
11.	HILTON, Bruce	52	Bramalea, ONT	9:53:07	

**MEN 60+**

1.	SMITH, Harrison	63	Williamsville, NY	8:02:33!	8:32:09!
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**WHEELCHAIR**

1.	STODDART, Chris	40	Toronto, ONT	6:50:28	5:58:22!
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**SPLIT TIMES (CERTIFICATION PENDING) :**

Name		30 mile	50 Km	60 km	40 mile	50 mile
1.	JONES, Andrew	28	2:50:08	2:56:34	3:32:34	3:48:53 4:54:59
2.	SEEDHOUSE, Eric	25	3:05:03	3:12:16	3:53:20	4:18:01 5:32:00
3.	McCONKEY, David	35		3:23:00	4:10:07	4:32:28 5:55:00

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4.	BARBER, Doug	44	3:23:00	4:09:19	4:36:21	5:58:00
5.	ANSTETT, Richard	42	3:51:13	4:41:07	5:03:21	6:23:19
6.	KELK, Chris	47	3:43:47	4:34:03	4:56:46	6:25:32
7.	MICHALAK, Les	39	3:51:13	4:41:07		6:26:31
8.	WIGMORE, Richard	44	3:45:41	4:36:40	5:00:18	6:28:26
9.	<u>CHERNIAK, Daniele</u>	<b>28</b>	<b>3:58:00</b>	<b>4:47:04</b>	<b>5:09:20</b>	<b>6:33:56</b>

**RECORDS, BESTS:**

JONES, Andrew, 28	3:32:34	Canadian best 60 Km
	3:48:53	Canadian best 40 miles
	4:54:59	Canadian record - 4th best world time?
BARBER, Doug, 44	3:23:00	50 km Canadian Masters Record?
	4:09:19	60 km Canadian Masters Record?
CHERNIAK, Daniele, 28	4:47:04	Fastest 60km on Canadian soil
	5:09:20	Fastest 40 miles on Canadian soil
	6:33:56	Fastest 50 miles on Canadian soil

Art Stockman  
Peter Rhodes

8.	DEXTER, Bruce	36	15	York, ONT	7:09:50	1st Dofasco Empl
10.	STONEKING, Carey	39	200	Owego, NY	7:17:30	Shirt
13.	FRITZ, Thomas	35	419	Frankfurt, GER	8:42:15	
32.	LULIN, Richard	43	142	Montreal, QUE	8:16:37	9:24:44
9.	CHERNIAK, Daniele	28	439	Cohoes, NY	6:33:56	!!C 1st Yank
48.	NORMAN, Paula	34	422	Puslinch, ONT	8:55:19	2nd Dofasco Empl

Jim Davis